

RHE at St Hugh's Catholic Voluntary Academy



Intention

Our intention at St Hugh's Catholic Voluntary academy is on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.

We believe one of the most distinctive features of a Catholic RHE should be emphasising the vital role that parents have as co-educators.

According to the DfE guidance, an RSE programme that is fit-for-purpose must cover a wide-range of topics relevant to the lives and experiences of young people. As a Catholic school this should not simply be to deliver these lessons in isolation; instead they should be addressed within a wider, holistic view of the human person, one whose deepest identity and dignity is rooted in God.

Implementation

At St Hugh's Catholic Voluntary Academy RHE is delivered through the 'Life to the Full' programme by Ten:Ten a Catholic RSE programme.

The programme is broken down into three modules

Created and Loved by God (this explores the individual). The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.

Created to Love Others (this explores an individual's relationships with others) God is love. We are created out of love and for love. The command to love is the basis of all Christian morality.

Created to Live in Community – local, national & global (this explores the individual's relationships with the wider world) Human beings are



relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

Delivery

- All pupils have a weekly RHE lesson which lasts for half an hour.
- Medium term planning is given to all staff which has been developed by RHE lead
- All year groups access topics over each half term starting from autumn term two
- Visitors such as the Betty Bus and school nurse complement our RHE curriculum to offer additional learning.
- Assemblies are planned to cover any additional sessions that would benefit the whole school

Impact

We are embracing “the challenges of creating a happy and successful adult life” by giving pupils knowledge “that will enable them to make informed decisions about their wellbeing, health and relationships” (DFE Statutory Guidance).

As a Catholic school the entire teaching is underpinned with a religious understanding that our deepest identity is as a child of God - created chosen and loved by God.