

ST.HUGH'S CATHOLIC PRIMARY – Life to the Full
Year 3

KEY KNOWLEDGE AND SKILLS		KEY VOCABULARY	
<p><u>Module 1 Unit 1 - RELIGIOUS UNDERSTANDING</u></p> <p>Get Up!</p> <ul style="list-style-type: none"> We are created individually by God who is Love, designed in His own image and likeness God made each of us with a specific purpose (vocation) Every human life is precious from the beginning of life (conception) to natural death Personal and communal prayer and worship are necessary ways of growing in our relationship with God <p>The Sacraments</p> <ul style="list-style-type: none"> In Baptism God makes us His adopted children and ‘receivers’ of His love By regularly receiving the Sacrament of Reconciliation, we grow in good deeds (human virtue). Receiving the Sacraments helps them to develop healthy relationships with others 		God Jesus faith dead alive love eternal new life heaven sin forgive precious conception individual renewed make a difference Jairus synagogue	Sacrament Reconciliation Baptism visible/invisible water white clothing candle love sorry oils (Catechumens and Chrism) commandments forgive purpose examination of conscience
Assessment	<p>Get Up!</p> <ul style="list-style-type: none"> All children will understand that they are created by God who loves them. Most children will understand that God designed them with a purpose: to be loved, to love and to make a difference. Some children will demonstrate a more nuanced understanding of the Gospel and a clear sense of their personal journey of faith. 		

	<p>The Sacraments</p> <ul style="list-style-type: none"> • All children will have a basic understanding of the Sacraments of Baptism and Reconciliation, and how they make the invisible visible. • Most children will understand the importance of saying sorry and seeking forgiveness in relationships with others and God. • Some children will demonstrate a more nuanced understanding of their God-given purpose and how the Sacraments can help them to develop healthy relationships with others.
<p><u>Module 2 Unit 1 – RELGIOUS UNDERSTANDING (Y3 AKP ONLY)</u></p>	
<p>Jesus is my friend</p> <ul style="list-style-type: none"> • That God loves, embraces, guides and forgives us • The importance of forgiveness and reconciliation in relationships • That relationships take time and effort to sustain. • We reflect God’s image in our relationships with others: this is intrinsic to who we are and to our happiness. 	<p>Forgiveness Parable The Prodigal Son Inheritance friendships relationships brothers father sons jealous sin action attitude choice celebrate welcome reconciliation</p>
<p>Assessment</p>	<ul style="list-style-type: none"> • All children will understand that God loves us and wants what is best for us. • Most children will understand that when we do wrong things, we hurt God and others, but when we say sorry, God forgives us. • Some children will show greater emotional maturity when discussing characters in the parable, and demonstrate a deeper understanding of the importance of forgiveness and reconciliation, both in our relationships with others and with God.

Module 2 Unit 2 – PERSONAL RELATIONSHIPS

Family, friends and others

- Ways to maintain and develop good, positive, trusting relationships and strategies to use when relationships go wrong
- That there are different types of relationships including those between acquaintances, friends, family and relatives
- That good friendship is when both persons enjoy each other’s company and also want what is truly best for the other
- The difference between a group of friends and a ‘clique’

When things feel bad

- Develop a greater awareness of bullying (including cyber-bullying), that all bullying is wrong, and how to respond to bullying
- Learn about harassment and exploitation in relationships, including physical and emotional abuse and how to respond

relationship
family friend
other detective
half-
brother/sister
aunt/uncle
grandparents
passed away
argument
adopted God’s
family the
Church qualities
kindness
listening
honesty trust
encouragement
patience
forgiveness
respect loyalty
fun sorry

left out
good bad
feelings
bullying physical
emotional
banter clique
pressure
resilience
harassment
exploitation

Assessment

Family, friends and other

- All children will learn that there are different types of relationships including family, friends and others.
- Most children will be able to describe some qualities of friendship and strategies to use when relationships go wrong.
- Some children will demonstrate a more nuanced understanding of relationships, including the complexity of feelings involved when relationships are difficult or cliques develop.

When things feel bad

- All children will develop a greater awareness of bullying (physical and emotional), and understand that all bullying is wrong.
- Most children will understand the meaning of ‘pressure’ and ‘resilience’, and the importance of seeking support from trusted adults.
- Some children will demonstrate emotional maturity and empathy in discussion/roleplay activities and confidently

give examples of how to resist pressure by practising resilience.

Module 2 Unit 3 - LIFE ONLINE

Sharing Online

- To recognise that their increasing independence brings increased responsibility to keep themselves and others safe.
- How to use technology safely.
- That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others.
- How to report and get help if they encounter inappropriate materials or messages.

Chatting Online

- How to use technology safely
- That bad language and bad behaviour are inappropriate
- That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others
- How to report and get help if they encounter inappropriate materials or messages

personal information
private things
dangers age restrictions
cyberbullying consequences
trusted adult independence
responsibility safety digital world websites
apps online sharing

sharing online website safety
cyberbullying danger signs
trusted adult report
online personal details
inappropriate content
messages personal safety

Assessment

Sharing Online

- All children will learn how to use technology safely, what is good and not good to share online and understand how they can stay safe and get help from a trusted adult.
- Most children will learn how quickly things can be shared online and steps they can take to keep themselves and others safe.
- Some children will be able to articulate their responsibility to keep themselves safe online, understand the impact of cyberbullying and know how to report inappropriate content.

Chatting Online

- All children will learn some ways to use technology safely, discover that bad language and bad behaviour online is inappropriate, and how to ask for help from a trusted adult.
- Most children will learn how to recognise some danger signs of inappropriate online behaviour and the steps they can take to keep themselves and others safe online.
- Some children will demonstrate prior knowledge about how to keep themselves safe online, be able to articulate danger signs and know how to report and deal with inappropriate messages and content.

Module 2 Unit 4 – KEEPING SAFE

Safe in my body

- To judge well what kind of physical contact is acceptable or unacceptable and how to respond
- To know there are different kinds of abuse.
- That there are different people we can trust for help, especially those who care for us, including our teachers and parish priest

Drug, alcohol and tobacco

- Understand the effect that a range of substances including drugs, alcohol and tobacco can have on the body.
- Know that our bodies are created by God, so we should take care of them and be careful about what we consume.

First Aid Heroes

- In an emergency, it is important to remain calm.
- Quick reactions in an emergency can save a life.
- Children can help in an emergency using their First Aid knowledge.

safe people places rules
boundaries physical abuse joke
deliberate accident on purpose
harm injury emotional abuse
criticising threatening shaming
abuse of private parts
inappropriate touching viewing
trusted adult support

drugs legal medicine illegal
recreational doctor pharmacy alcohol
perception judgement responsibility
moderation addiction smoking
tobacco chemical Nicotine Carbon
Monoxide Oxygen brain heart lungs
teeth skin blood tar carcinogens
cancer

First Aid illness injury assistance
emergency 999 doctor paramedic
calm rest ice compression elevation
collapse fire smoke drowning burn
hero award courage strong brave
difficulty trust

<p>Rights and responsibilities</p> <ul style="list-style-type: none"> • It is our responsibility to follow the rules at home, school and in our country • Some of our rules and laws are based on our rights. • Rights protect us and ensure everyone is treated equally. • Rules and rights are based on our values as a community 	<p>rules law government parliament democracy rights human rights respect dignity fairness equality liberty freedom responsibility compassion discrimination diversity protect differences Body of Christ</p>
<p>Assessment</p>	<p>Safe in my body</p> <ul style="list-style-type: none"> • All children will know that if they feel unsafe, they can and should seek out a trusted adult for help and support. • Most children will be able to describe what is appropriate and inappropriate physical contact and name the different types of abuse. • Some children will demonstrate a greater depth of understanding and compassion when discussing abuse scenarios <p>Drugs, alcohol and tobacco</p> <ul style="list-style-type: none"> • All children will learn about the effects that a range of substances including drugs, alcohol and tobacco can have on the body. • Most children will demonstrate some prior knowledge around this topic and be able to identify and record facts throughout the session. • Some children will demonstrate a personal understanding and belief that because our bodies are created by God, we should take care of them and be careful about what we consume. <p>First Aid Heroes</p> <ul style="list-style-type: none"> • All children will learn that in emergency situations they should remain calm and call 999. • Most children, with prompting, will demonstrate understanding of how First Aid knowledge can be applied in some real-life situations. • Some children will demonstrate confident independent thinking and greater awareness of the emotional impact of emergency situations

	<p>Rights and Responsibilities</p> <ul style="list-style-type: none"> • All children will be able to identify different rules at home, school and in the community and understand some of the values and rights they uphold • Most children will know some basic human rights, understand how rules and laws protect our rights and be able to reflect on their own responsibilities to treat people with fairness, dignity and respect. • Some children will demonstrate a deeper understanding of the values underpinning our rights and responsibilities as Christians.
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<p>Module 3 Unit 1 - RELIGIOUS UNDERSTANDING (AKP ONLY)</p> <p>A Community of love.</p> <ul style="list-style-type: none"> • God is love as shown by the Holy Trinity – a communion of persons supporting each other in their self-giving relationship • The human family reflects the Holy Trinity in mutual charity and generosity. • We are made in the image of God, which means we are made to love God and others, and be loved by God and others. <p>What is Church?</p> <ul style="list-style-type: none"> • The human family reflects the Holy Trinity in charity and generosity • The Church family comprises of home, school and parish (which is part of the diocese) 	<p>Holy Trinity God Father Son (Jesus) Holy Spirit community of love mystery of faith married family signs symbols kind generous loving wise merciful good listening</p>	<p>Holy Trinity God Father Son (Jesus) Holy Spirit family Church Mass sacrament community worship generous The Common Good The Human Person Social Relationships Stewardship Everyone is included, no-one left behind</p>
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<p>Assessment</p>	<ul style="list-style-type: none"> • All children will learn that the Holy Trinity is a community of love, and that the human family goes some way to helping us understand this. • Most children will understand that being made in the image of God means we are made to love God and others, and be loved by God and others. • Some children will seek to understand the mystery of the Holy Trinity at a deeper level. <p>What is Church?</p>
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	<ul style="list-style-type: none"> • All children will understand that the Church is not a building, but all the people around the world who believe in Jesus. • Most children will understand that we the Church are called to love others as God loves us, and will be able to come up with some practical examples of how they can do this. • Some children will demonstrate a deeper personal conviction of and excitement for their own role within the Church
<p><u>Module 3 Unit 2 - LIVING IN THE WIDER WORLD</u></p> <p>How do I love others?</p> <ul style="list-style-type: none"> • That God wants His Church to love and care for others. • To devise practical ways of loving and caring for others. 	<p>Church care love noticed respected included recognised appreciated secure not alone charity caritas generous love Emmaus homeless companions injustice prayer</p>
<p>Assessment</p>	<ul style="list-style-type: none"> • All children will be able to recognise actions which make them feel loved or cared for. • Most children will be able to devise practical ways of loving and caring for others. • Some children will demonstrate a more nuanced understanding of how the way we feel loved and cared for can help us know how to love and care for others, and the role of God's plan for the Church as part of this.

Year 3/4 - Year 4 only

KEY KNOWLEDGE AND SKILLS	KEY VOCABULARY
<p><u>Module 1 Unit 2</u></p> <p><u>What is Puberty ME, MY BODY, MY HEALTH</u></p> <ul style="list-style-type: none"> • Learn what the term 'puberty' means. • Learn when they can expect puberty to take place. • Understand that puberty is part of God's plan for our bodies. 	<p>puberty childhood adulthood milestone timeline physical growth development body changes emotions gradual past future Child of God</p>

<p><u>Changing Bodies</u></p> <ul style="list-style-type: none"> • Learn correct naming of genitalia • Learn what changes will happen to boys during puberty • Learn what changes will happen to girls during puberty <p><u>Module 1 Unit 3 - EMOTIONAL WELLBEING</u></p> <p><u>What I'm feeling</u></p> <ul style="list-style-type: none"> • That emotions change as they grow up (including hormonal effects – Version 2 only) • About the range and intensity of their feelings and that 'feelings' are not good guides for action • That feelings are neither good or bad, but information about what we are experiencing that help us consider how to act • What 'emotional well-being' means and that positive actions and talking to trusted people enhance emotional well-being 	<p>puberty childhood adulthood private parts genitalia penis testicles scrotum vulva vagina breasts hips pubic hair muscles spots sweat hormones mood swings periods blood</p> <p>feelings emotions information experience reaction fear anger joy sadness boredom tiredness contentment uncomfortable masking emotional well-being action</p>
<p>Assessment</p>	<p><u>What is Puberty</u></p> <ul style="list-style-type: none"> • All children will understand what the term puberty means. • Most children will understand that 'puberty' is part of God's plan for our bodies, and when they can expect it to take place. • Some children will confidently identify key moments of change and growth in their lives so far, and demonstrate maturity and/or prior knowledge about puberty. <p><u>Changing bodies</u></p> <ul style="list-style-type: none"> • All children will have a basic understanding of what to expect during puberty. • Most children will have an understanding of what to expect during puberty, and be able to correctly name genitalia. • Some children will demonstrate particular maturity in dealing with these topics, and confidently show a deeper understanding about their own upcoming journey of puberty and God's role in it.

What I'm Feeling

- All children will learn that we each experience a range of feelings, but these are not always good guides for action.
- Most children will understand the concept of 'emotional well-being' and how we can take positive actions to enhance this.
- Some children will demonstrate a clearer understanding that feelings are neither good nor bad, but information about what we are experiencing that help us consider how to act.