

2024/25	Reception	Year 1/R	Year 1/2	Year 2	Year 3	Year 3/4	Year 4	Year 5	Year 5/6	Year 6
Autumn 1	Me and Myself / Movement development	Me and Myself / Movement development	Fitness	Fitness	Fitness	Fitness	Fitness	Swimming	Fitness	Dance
			Tag Rugby	Football	Netball	Netball	Netball	Football Hockey Netball		
Autumn 2	Movement development /Working with others	Movement development /Working with others	Dance	Dance	Dance	Dance	Dance	Dance	Swimming	Fitness
			Football	Hockey	Football	Football	Football	Hockey Netball Football		
Spring 1	Ball Skills / Fun and games	Ball Skills / Fun and games	Dodgeball	Gymnastics	Orienteering	Orienteering	Swimming	Fitness	Gymnastics	Gymnastics
			Hockey	Tag Rugby	Hockey	Golf	Hockey	Netball Rugby Hockey		
Spring 2	Dance/ Fitness	Dance/ Fitness	Gymnastics	Dodgeball	Swimming	Gymnastics	Gymnastics	Rounders	Boccia/ Kurling	Blind Football/ Frisbee
			Netball	Netball	Golf	Hockey	Golf	Tennis Athletics Cricket		
Summer 1	Balance Bikes / Throwing and catching	Balance Bikes / Throwing and catching	Athletics	Rounders	Gymnastics	Swimming	Cricket	Gymnastics	Dance	Rounders
			Rounders	Athletics	Athletics	Athletics	Athletics	Tennis Cricket Athletics		
Summer 2	Gymnastics / Athletics	Gymnastics / Athletics	Orienteering	Orienteering	Tennis	Tennis	Tennis	Indoor Athletics	Rounders	Swimming
			Cricket	Cricket	Cricket	Cricket	Orienteering	Cricket Athletics Tennis		