



CURRICULUM ADAPTATIONS IN PSHE/RSHE

<i>Cognition and Learning</i>	<i>Communication and Interaction</i>
<p>Provide a safe environment for children to explore feelings and emotions</p> <p>Use of word banks including pictures</p> <p>Small group/1:1 support where necessary</p> <p>A calm area showing each lesson's focus</p> <p>Repeat or display important information</p> <p>Social stories to explore emotion/new aspect of learning.</p> <p>Other methods of recording work e.g. post it note children's answers or use of drama</p>	<p>Pre-teaching new vocabulary prior to lesson</p> <p>Word mats within the lesson and if needed to be sent home</p> <p>Limit vocab and use precise/correct language in line with PSHE and Ten Ten framework</p> <p>Social stories to embed and support understanding</p> <p>Give extra time for children to process learning/question that is being asked – prewarn child. 'X the question is Z and I am coming to you next'</p> <p>TA/CT to model answers in role/discussion</p>
<i>Physical and/or Sensory</i>	<i>Social, Emotional and Mental Health</i>
<p>Provide resources and themes that match the needs of the child</p> <p>Calm areas used correctly e.g. Forest Room</p> <p>Sensory circuits if required</p> <p>Resources to support the child self-regulate etc putty</p> <p>Support with group work to avoid conflict/sensory overload</p> <p>Recognise children that are showing signs of escalation and use strategies to de-escalate</p> <p>Provide advance warning of a challenging theme/activity/image or video</p>	<p>Work in a safe environment with a trusted/known adult – emotional support</p> <p>Prior warning of the topic that could be sensitive</p> <p>Theme needs to be modified to ensure children have a good underpinning knowledge to access new learning</p> <p>Good lines of communication with parents/carers if appropriate</p> <p>Children being able to become one step removed from the direct learning through use of puppets/role play etc. (Consider ACES here)</p> <p>Clear rules and expectations, consistent boundaries, rewards and sanctions</p>